

## **PATIENT INTAKE-Adolescent**

Patient ID #:

### **I. DEMOGRAPHICS**

Name:

DOB/Age:

Email:

Phone:

Mailing Address:

Location when participating in sessions:

Identified gender:

Preferred language:

Is an interpreter required?

Marital status of parents:

If divorced, type of custody:

Current living situation:

How did you hear about HLN:

### **II. INSURANCE**

Primary Carrier:

SSN:

Mbr/Subscriber ID:

Co-Pay:

Secondary Carrier:

Mbr/Subscriber ID:

### **III. PSYCHIATRIC HISTORY**

1. Are you currently prescribed medications for your mental health? Yes  No

If yes,

- a. Name of medication:
- b. Prescribed by psychiatrist or primary care physician?
- c. Date of prescription:

2. Have you been prescribed medications for your mental health in the past? Yes  No

If yes,

- a. Name of medication:
- b. Prescribed by psychiatrist or primary care physician?
- c. Date of prescription:

3. Have you ever been psychiatrically hospitalized? Yes  No

If yes,

- a. Voluntary or involuntary hospitalization?
- b. Length of stay?
- c. Dates:
- d. Name of facility:

4. Have you ever *SELF HARMED* (cutting, punching, etc.): Yes  No

If yes, please describe:

5. Have you ever attempted suicide? Yes  No

If yes, please describe:

Number of attempts:

Date of most recent attempt:

6. Have you ever experienced abuse, neglect, or exploitation? Yes  No

If yes, please describe:

7. Have you ever perpetrated abuse, neglect, or exploitation? Yes  No

If yes, please describe:

8. Would you like a referral for support services? Yes  No

#### **IV. MENTAL HEALTH HISTORY**

1. Reason for seeking mental health treatment:

2. What significant life changes or stressful events have you experienced recently?

3. What are your treatment expectations? What do you hope to achieve through treatment (goals)?

4. Have you ever participated in mental health treatment (psychotherapy, psychiatric services, counseling, etc)? Yes  No

If yes,

a. Dates of treatment:

b. Treatment provider:

c. Reason for treatment:

#### **V. SUBSTANCE ABUSE HISTORY**

5. Do you use alcohol? Yes  No

If yes,

a. How many days per week do you drink?

b. How many drinks typically consumed in that day?

6. Do you use any other substances? Yes  No

If yes,

- a. Nicotine/Marijuana:  
Frequency/Amount of use:
  
- b. Illicit Substances (specify):  
Frequency/Amount of use:
  
- c. Illicit Substances (specify):  
Frequency/Amount of use:

## **VI. FAMILY HISTORY**

7. Have any of your family members been diagnosed with a mental illness, addiction or been treated by a mental health professional? Yes  No

If yes,

- a. Relationship of family member:  
Diagnosis or reason for treatment:
  
- b. Relationship of family member:  
Diagnosis or reason for treatment:

## **VII. SOCIAL HISTORY**

1. Describe your employment/education status:
  
2. Describe your leisure or recreational activities:
  - a. How often do you engage in these activities? :
  
3. Describe your involvement with law enforcement/legal matters within past 12 months:

## **VIII. MEDICAL HISTORY**

1. Patient has executed an Advanced Directive: Yes  No

2. Primary Care Provider:

Address:












Phone:

Fax:

3. Date of last PCP Physical exam:

4. Current Medical problems:

5. *Current Physical Pain level:*

0	1	2	3	4	5	6	7	8	9	10
										
No pain	Mild, annoying pain	Nagging, uncomfortable, troublesome pain	Distressing, miserable pain	Intense, dreadful, horrible pain	Worst possible, unbearable, excruciating pain					

6. *Weight Change (gain/loss 10 pounds) during past 3 months:* Yes  No   
*If yes, explain:*

7. *Past or present dental problems:* Yes  No   
*If yes, explain:*

8. *Allergies to Food or Medications:* Yes  No   
*If yes, explain:*

9. *Recent decrease in food intake or appetite:* Yes  No   
*If yes, explain:*

10. *Past/present behaviors of an eating disorder (bingeing or inducing vomiting):* Yes  No   
*If yes, explain:*

11. *Pharmacy preference:*

*Name:*

*Address:*

*Phone:*

12. *Medical medications taken currently:* (name; dosage; X/day)

a. *Name of medication:*

b. *Prescribed by psychiatrist or primary care physician?*

c. *Date of prescription:*

13. *If your last PCP appointment was longer than 12 months ago or if you are experiencing medical concerns including those mentioned above, would you like assistance setting up an appt with your PCP:* Yes  No

**Check all Services you are interested participating in:**

- Psychiatric Medication Management*
- Therapeutic*
- Couples Therapy*
- Group Therapy:*
  - Depression*
  - Anxiety*
  - Stress management*
  - Occupational problems*
  - Anger management*
  - Past traumas*
  - LGBTQ*
  - Self-esteem*
  - Covid-19 Coping Skills*
  - Other: \_\_\_\_\_*
  - Other: \_\_\_\_\_*

***Leave this section blank, for HLN office use only:***

# Patient Health Questionnaire (PHQ - 9 - Adolescent)

Date Completed (mm/dd/yyyy)

/   /

**Time of Administration:**

Admission  
 During Treatment..... {  Days  
 Weeks } since Admission    
 Discharge {  Months }

**Over the last week, how often have you been bothered by the following problems?**

**Please place an X in the box below your answer.**

	Not at all	Several days	More than half the days	Nearly every day
	0	1	2	3
1. Feeling down, depressed, irritable, or hopeless?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Little interest or pleasure in doing things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Trouble falling asleep, staying asleep, or sleeping too much?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Poor appetite, weight loss, or overeating?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Feeling tired, or having little energy?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Feeling bad about yourself - or feeling that you are a failure, or that you have let yourself or your family down?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Trouble concentrating on things like school work, reading, or watching TV?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you were moving around a lot more than usual?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Thoughts that you would be better off dead, or of hurting yourself in some way?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

For office coding:   0   +      +      +      +     

**= TOTAL SCORE:**

(add up each item)



Mental Health Outcomes

Patient Account Number

Program Code

17872



### **Mental Health Resources**

If you or someone you know is in need of urgent or in-person mental health services please utilize the following resources:

#### **Emergency Services:**

**Dial 911** or go to your nearest **Emergency Room**

If the situation is potentially life-threatening, get immediate emergency assistance by calling 911, available 24 hours a day.

#### **National Suicide Prevention Lifeline:**

**Dial 988**

Trained crisis workers are available to talk **24 hours a day, 7 days a week**. Your confidential and toll-free call goes to the nearest crisis center in the Lifeline national network. These centers provide crisis counseling and mental health referrals.

#### **Find in-person mental health services by visiting:**

<https://www.findbhhelp.com/>